

Woody Aths - Cross Country

Week:	13
Date:	28/07/2023
Location:	Nimon's Bridge

The Woody Athletic Club ran the scenic Nimon's Bridge course.

Fastest times:

U6: Lachlan H; U8: Leroy B; U10: Huon A; U12: Sullivan M; U14: Ava A U16: U18: Kody E Open: Liz W

Junior Handicap winners:

1st Annabelle F; 2nd Huon A; 3rd Fletcher M

Senior Handicap winners:

1st Pippa W; 2nd Ruby A; 3rd Lucas E

All results are displayed on our website: <http://woodyathletics.org.au/results/>

Chocolates are donated by MARS Chocolate.

This weeks draw winner was Nellie W

Week 13	Age	Dist	Time	Hcp	Race time	Nimons	Water Race	Scarsdale	Emmers	Scratch
Nimon's Bridge						VARs	VARs	VARs	VARs	RUN
Alby M	u6	500								
Alyssa E	u6	500	4.39	4.10	8.49	0.558	0.430	0.463	0.562	0.468
Brylee W	u6	500								
Grace M	u6	500	3.39	4.35	8.14	0.438	0.430	0.462	0.548	0.428
Hamish B	u6	500	3.12	4.55	8.07	0.384	0.352	0.425	0.444	0.390
Lachlan H	u6	500	2.50	5.22	8.12	0.340	0.316			0.327
Aurora L	u6	1000								
Benji F	u8	1000	6.08	1.39	7.47	0.368	0.388	0.575	0.547	0.390
Connor B	u8	1000	6.47	1.05	7.52	0.407	0.382		0.467	0.413
Leroy B	u8	1000	5.10	2.54	8.04	0.310	0.284	0.323	0.383	0.293
Michael M	u6	1000	6.23	2.35	8.58	0.383	0.445	0.399	0.413	0.403
Theo E	u8	1000	6.02	2.03	8.05	0.362	0.358	0.347	0.413	0.376
Annabelle F	u10	1000	7.04	0.00	7.04	0.449		0.580	0.617	
Declan E	u10	1000	5.02	2.43	7.45	0.302	0.281	0.309	0.373	0.326
Fletcher M	u10	1000	4.57	2.40	7.37	0.297	0.277	0.303		0.369
Huon A	u10	1000	4.00	3.30	7.30	0.240	0.236	0.256	0.287	
Nellie W	u10	1000	6.10	1.38	7.48	0.370			0.460	0.365
Winnie M	u10	1000								
Jed B	u12	2000	9.52	20.38	30.30	0.296	0.217	0.286	0.358	0.271
Lucas E	u12	2000	12.52	17.36	30.28	0.386	0.289	0.366	0.400	0.383
Pippa W	u12	2000	13.28	16.16	29.44	0.404			0.408	0.358
Poppy E	u12	2000								
Ruby A	u12	2000	9.51	20.04	29.55	0.296		0.276	0.305	0.312
Sullivan M	u12	2000	9.43	20.46	30.29	0.292	0.215	0.349	0.304	0.274
Ava A	u14	4000	23.22	11.00	34.22	0.351		0.478	0.290	

Bridgit S	u14	4000	28.40	7.56	36.36	0.430		0.478		
Kody E	u18	4000	25.37	6.20	31.57	0.384			0.370	
Benita M	Open	4000								
Brian M	Open	4000	21.22	10.40	32.02	0.321	0.282	0.282	0.330	0.299
Cam M	Open	4000								
Chris E	Open	4000	24.50	6.20	31.10	0.384	0.347	0.342	0.393	0.400
Elizabeth W	Open	4000	20.15	10.56	31.11	0.304	0.283	0.285	0.303	0.306
Lucy F	Open	4000	33.12	0.52	34.04	0.498		0.480	0.420	
Tina D	Open	4000	30.46	3.52	34.38	0.462	0.409	0.417		0.372